

LMC Pharmacy

What is a CDE Pharmacist?

CDE stands for Certified Diabetes Educator, a title given to healthcare providers who are specially trained to assess, review and teach you about diabetes.

CDE Pharmacists specialize in diabetes medications, while also taking into account your other medications and conditions.

What do LMC CDE Pharmacists offer?

- Medication assessments, monitoring and management programs, including reporting and coordination with physicians
- Personalized diabetes medication training, education, assessments and care plans
- Insulin injection training and titrations
- CGM device training and report monitoring
- Answers to your medication questions
- Drug coverage checking and help navigating drug plan programs and Trillium
- Medication adherence assessments, programs and prescription synchronization
- Minor Ailments assessments, recommendations and prescriptions, if appropriate
- Free glucose meters and sharps containers



LMC Certified Diabetes Educator Pharmacist Services are covered by OHIP at **no charge** to patients! Here are some favourites:

- **Specialized Insulin and Device Start Training & Follow Ups** as well as medication monitoring and titration services, and device "pattern power" training, monitoring and reports.
- **Private 1:1 Consultations** to address medication questions and concerns, check coverage and navigate insurance plans, assess the possibility to decrease or stop taking medications, and help with side effects.
- **Drug Interaction Assessments** check for conflicts from combinations of prescription, non prescription, cannabis, over-the counter, vitamins and minerals, natural health products and recreational drugs.
- **Personalized Sick Day Care Plans** include a custom list of medications to temporarily stop or adjust when dehydrated or not eating as usual. Illness recovery tips for people with diabetes are also included to prevent further declines in health and hospitalization.
- **Hypo Care Plans** prepare you and your caregivers to take appropriate actions if your sugar levels go low.
- **Medication Synchronization** coordinates prescriptions for adherence and patient convenience.
- **Ministry of Health Quit Smoking Program** includes consultations to support and prepare, resources and medications to curb cravings and help with withdrawal when quitting or reducing smoking.

Private In-Person, Phone & Online Appointments
for Individuals, Family & Caregivers

email pharmacy@lmc.ca



Diabetes Depot

Canada's original online shop for diabetes and insulin pump supplies, savings and support!

- Tandem, Medtronic, Ypsomed insulin pump supplies priced less than the manufacture
- Dexcom, Libre, Guardian CGMs
- Baqsimi, Glucagon, Dex-4
- Advice from Certified Pump Trainers, Certified Diabetes Educator Nurses, Dietitians and Pharmacists, as well as fellow pumpers
- Toll-free phone to a friendly, helpful person who won't rush you (Mon-Fri 9am-4pm ET)
- Convenient auto-shipment options save you time so you have one less to do
- No contracts
- Free shipping on orders over \$200

DIABETES DEPOT COUPON CODE

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LMC25DD

to save \$25 on your first purchase of \$100 or more



Free shipping on orders over \$200

Order your supplies and prescriptions at:

www.diabetesdepot.ca

1-888-678-8887

info@diabetesdepot.ca

What is a Diabetes Medication Assessment?

A Diabetes Medication Assessment includes:

- Evaluations for drug interactions, side effects and medication effectiveness
- Diabetes education and training
- Time for your medication questions
- Reports and recommendations are shared with your LMC specialist and family doctor

Diabetes Medication Assessments are private sessions for individuals and / or caregivers, and are available in-person, by phone and online.

How much does a medication assessment cost?

Diabetes assessments and consultations are no charge from our LMC CDE Pharmacists. These are covered by OHIP under the MedsCheck program.

I don't take any medication for my diabetes. Should I still see the LMC CDE Pharmacist?

Yes! Anyone with diabetes can benefit from custom education and training on ALL of the "ABCDE" factors of self-care, including diet, exercise and protecting your heart.

I benefit from the specialized consultations I receive from the LMC Pharmacy team. Can I also get my prescriptions here?

Yes! And we will also synchronize your prescriptions to save you time and coordinate your medications.

Can my family and friends also see the LMC Pharmacist if they are not patients of the LMC doctors?

Yes! LMC Pharmacy is a fully accredited pharmacy. We always welcome new patients and appreciate your referrals of family and friends.

Do you only manage patients living with diabetes?

Many of our pharmacists are also:

- Certified Respiratory Educators
- Certified Geriatric Educators
- Cardiovascular Pharmacist Health Coaching trained
- Smoking Cessation or reduction trained, and
- Minor Ailments assessors and prescribers

This allows the LMC Pharmacy team to better assist patients with asthma, COPD, complex medication combinations, refills and new prescriptions.

What languages can the LMC Pharmacy team speak?

We have a multilingual team, happy to help you in Bengali, Cantonese, English, Farsi, French, Gujarati, Hindi, Italian, Punjabi, Romanian, Spanish, Urdu and Vietnamese.

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BOOK AN APPOINTMENT WITH THE CDE PHARMACIST

Via the QR code, or the pharmacy direct email or phone number shown above



Pharmacy

DIABETES MEDICATION EXPERTS



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