

## WHO WE ARE

### Canada's largest Specialist Care Provider in Diabetes, Endocrinology and Metabolic Disease

We're dedicated to transforming diabetes & endocrinology care by making it more accessible, comprehensive and patient-centric than ever before

#### Our Team of Specialists includes:

- 50+ Endocrinologists
- Physician Assistants
- Certified Diabetes Educators (Registered Nurses, Registered Dietitians, Pharmacists)
- Chiropodists (Foot Care Specialists)
- Optometrists

**12 locations across Canada** caring for more than 100,000 patients. We are dedicated to providing exceptional care and customer service to our patients and their referring physicians.

### DIABETES EDUCATION PROGRAM

#### Largest community-based diabetes education program in Canada

Free group education sessions and individual counselling sessions for patients covering diabetes prevention, type 1 & 2 diabetes and insulin pump therapy. ADP (insulin pump) certified clinic. We are pleased to offer both in-person and virtual care.

#### Group education sessions include:

- Living with Diabetes
- Nutrition and Lifestyle
- Carbohydrate Counting
- Pattern Management
- Advanced Skills
- 6 Steps to a Healthy Heart
- Monthly Specialty Workshops



## WHAT MAKES US DIFFERENT?



#### PUBLICLY FUNDED

Diabetes & Endocrinology specialist services and Diabetes Education are completely free to patients and are entirely covered by OHIP



#### SHORT WAIT TIMES

Wait times are less than 3-4 weeks. Urgent patients can be scheduled within a week



#### EASY TO BOOK

Simplified booking process ensures patients are scheduled within 48 hours



#### MULTIPLE LANGUAGES

More than 30 languages spoken by our specialists and staff combined



#### CONVENIENT LOCATIONS

Multiple locations - most with FREE parking



#### DEDICATED BACK LINE FOR PHYSICIANS

When you call, choose the referring physician option to reach us immediately  
**Call 1-888-878-0562**

## OUR SERVICES



**DIABETES & ENDOCRINOLOGY** Specialist consults for adult patients with diabetes and other endocrine disorders, such as thyroid, lipids, osteoporosis, PCOS, hypogonadism.



**DIABETES EDUCATION** Free diabetes counselling with Certified Diabetes Educators



**DIABETES PHARMACY** CDE Pharmacist consults (OHIP covered) for insulin starts and titration, personalized sick day care plans, drug therapy problem assessments, device troubleshooting and help with coverage and Trillium



**CHIROPODY** Foot exams and foot care provided by Chiropodists (Foot Care Specialists), such as diabetic foot assessments, biomechanical assessments for foot orthotics, vascular assessments for compression therapy.



**OPTOMETRY** Comprehensive annual eye exams play an important role in detecting health problems that can be treated before they become serious or result in permanent vision loss.



**CLINICAL RESEARCH** Research studies provide patients access to new, cutting-edge treatments and expert health care.

### LMC SHARED CARE PROGRAM

#### Your Specialist Partner in Diabetes, Endocrinology and Metabolic Disease

Full consult notes sent immediately after each visit. Patients are actively reminded to continue to see their family physician on a regular basis in our shared care.

call 1.866.701.3636 (ENDO)

fax 1.877.562.2778 (LMC.APPT)

visit us online [LMC.ca](http://LMC.ca)

## HOW TO REFER

## LOCATIONS



phone  
**1.866.701.3636 (ENDO)**



fax  
**1.877.562.2778 (APPT)**



email  
**referrals@LMC.ca**



online  
**LMC.ca/referrals**

### LMC BARRIE

370 Bayview Drive  
Suite 110  
Barrie, ON L4N 8Y2  
T 705.737.0830  
F 705.737.0679

### LMC LONDON

140 Oxford Street East  
Suite 400  
London, ON N6A 5R9  
T 226.680.0802  
F 226.680.0800

### LMC BRAMPTON

2975 Bovaird Drive E  
Brampton, ON  
L6S 0C6  
T 905.595.0560  
F 905.595.0562

### LMC OAKVILLE

3075 Hospital Gate  
Suite 301  
Oakville, ON L6M 1M1  
T 905.337.0040  
F 905.337.0437

### LMC ETOBICOKE

1723 Kipling Avenue  
Suite 2B  
Etobicoke, ON M9R 4E1  
T 416.645.1035  
F 416.645.1036

### LMC OTTAWA

4100 Strandherd Drive.  
Suite 208  
Ottawa, ON K2J 0V2  
T 613.505.9704  
F 613.505.9707

### LMC DOWNTOWN TORONTO

123 Edward Street  
Suite 825  
Toronto, ON M5G 1E2  
T 416.237.0104  
F 647.478.2415

### LMC SCARBOROUGH

520 Ellesmere Road  
Suite 214  
Scarborough, ON  
M1R 0B1  
T 905.294.0800  
F 905.294.0814

### LMC MID-TORONTO

1929 Bayview Avenue  
Suite 107  
Toronto, ON M4G 3E8  
T 416.645.2929  
F 416.645.2930

### LMC VAUGHAN/ THORNHILL

1600 Steeles Avenue W  
Unit 5  
Vaughan, ON L4K 3B9  
T 905.763.8660  
F 905.763.0708



Specialists in Diabetes  
& Endocrinology



phone **1.866.701.3636 (ENDO)**

fax **1.877.562.2778 (APPT)**

email **referrals@LMC.ca**

## ASK THE ENDO

A peer-to-peer service to support you with  
your diabetes & endocrine patients

- Challenged with a patient decision?
- Need help with a medication question?
- Pondering a referral dilemma?

**We're here to help!**

Speak directly with one of our Endocrinologists

**416.309.9199**  
**Monday - Thursday**  
**5PM - 6PM**

call **1.866.701.3636 (ENDO)**

fax **1.877.562.2778 (LMC.APPT)**

visit us online **LMC.ca**